

# **BLOCK-5**

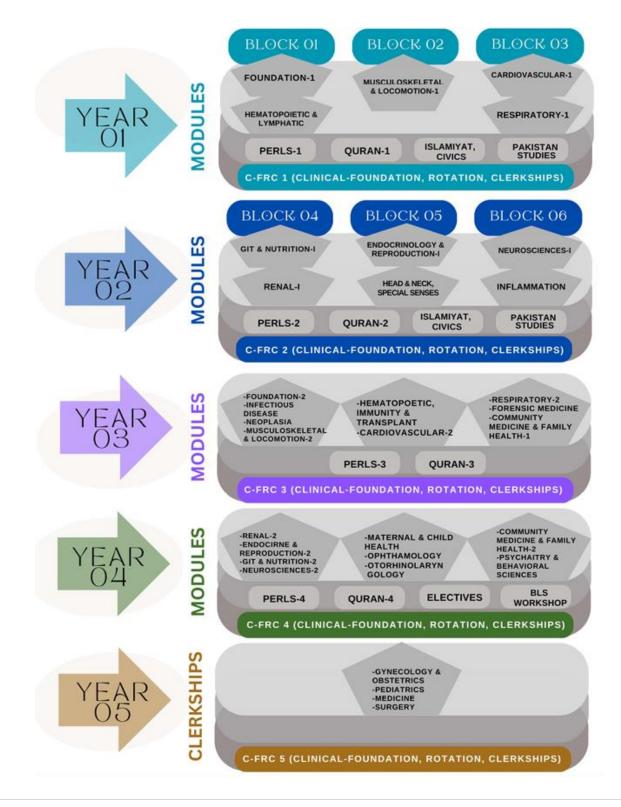
# **SECOND YEAR MBBS**

# **STUDY GUIDE 2024**



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## **CURRICULUM FRAMEWOR**



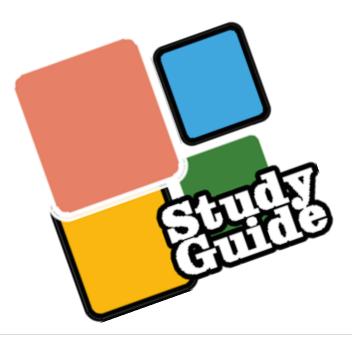
### **INTRODUCTION TO STUDY GUIDE**

#### What is study guide?

The study guide is an important academic tool that aids students for different educational activities they are engaged in. It provides pertinent details on the module's structure, assisting students in planning their academic activities accordingly. Another purpose of study guide is to guide students about different rules and regulations as well as teaching and assessment techniques.

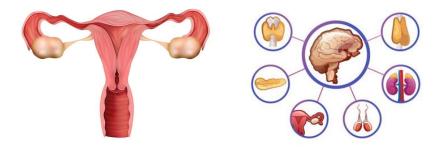
#### Purpose of study guide:

- Conveys details about the organization and management of the module.
- Helps the learners about departmental representatives who can be contacted in case of difficulty.
- Define the learning objectives that should be accomplished by the end of the module.
- Identifies learning methodologies such as lectures, small group discussion, practical that will be implemented during the module.
- Provide a list of learning resource to maximize their learning
- Includes information on the assessment methods and examination related rules and regulations





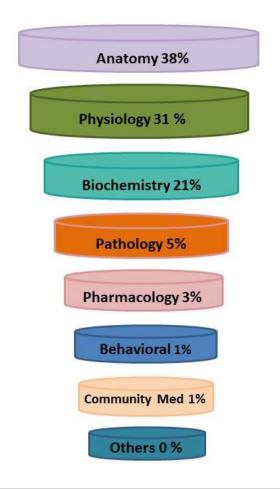
# ENDOCRINOLOGY & REPRODUCTION-1 MODULE



### **INTRODUCTION TO MODULE**

Program	MBBS
Year	Тwo
Module No.	08
Module Title	Endocrinology & Reproduction-1 Module
Module weeks	
Module weeks	07
Recommended minimum hours	194

#### Integrated Disciplines of Endocrinology & Reproduction module



#### **MODULE DESCRIPTION**

Endocrinal system is a unique system consists of glands which control body systems through its secretions known as hormones. These chemical compounds known as hormones play an integral role in maintaining cell activity and organ functions through biochemical signals. Human reproduction is controlled by hormones released by gonads. Changes in hormonal levels can affect human fertility. In this module the anatomy and physiology of the endocrine organs, functional biochemistry of the hormones secreted will be taught in integrated fashion with reference to common disease occurring in Pakistani community.

#### **MODULE OUTCOME**

- Explain Development, structure, hormones and regulation of pituitary gland, thyroid gland, parathyroid gland, endocrine pancreas, adrenal glands, testes and ovaries.
- Describe the etiology, pathophysiology, relevant clinical features and common investigations of disorders of these glands.
- Apply levels of prevention for common endocrinal public health issues in Pakistan. Elaborate events in normal pregnancy and principles of genetics.

#### THEMES

- Introduction to Endocrinology, Mechanism of action, Second messenger, measurements
- Pituitary gland
- Thyroid Gland & Parathyroid Gland
- Adrenal glands
- Pancreatic Hormones
- Reproduction & Genetics

#### **CLINICAL RELEVANCE**

- Diabetes
- Hypothyroidism & Hyperthyroidism
- Cushing Syndrome & Addison's disease
- Dysfunctional Uterine Bleeding
- Infertility

#### TIME TABLE

Lahore Medical & Dental College Canal Bank North, Tulspura, Lahore Phone No. 0346-4418891-98 /2024, Dated: No. LMDC/

#### 2nd YEAR M.B.B.S TIMETABLE SESSION 2022-2023 w.e.f. 10-06-2024 to 30-08-2024

BLOCK – 5 (ENDOCRINOLOGY & REPRODUCTION – 1 MODULE)	BLOCK-5	(ENDOCRINOLOGY	& REPRODUCTION - 1	I MODULE)
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DAYS& TIME	08:00 a.m. te 08:45 a.m.	08:45 a.m. to 09:30 a.m.	09:30 a.m. to 10:15 a.m.	10:15 a.m. to 11:00 a.m.	11:00 a.m. to 11:15 a.m.	11:15 a.m. te 12:15 p.m.	. 12:15 p.m. to 01:00 p.m.	01:00 p.m. to	03:00 p.m.
MONDAY	Physiology Lecture Theater No. 10	Biochemistry Lecture Theater No. 10	Anatomy Lecture Theater No. 10	Biochemistry Lecture Theater No. 10		Anatomy Dissection Dissection Hall	*Pharma/Path Lecture Theater No. 2	**Histo Pract/ Physio 1 ***Biochem Pract/ Physiology tutoria	CSF (E+F+G)
TUESDAY	Physiology Lecture Theater No. 10	Biochemistry Lecture Theater No. 10	Anatomy Lecture Theater No. 10	Biochemistry Lecture Theater No. 10	Break	Anatomy Dissection Dissection Hall	Pathology Lecture Theater No. 2	••Histo Pract/ Phys •••Biochem Pract/ Physiology tutori	CSF (A+B+C+D)
WEDNESDAY	Biochemistry Lecture Theater No. 10	Physiology Lecture Theater No. 10	Anatomy Lecture Theater No. 10	Physiology Lecture Theater No. 10		Anatomy Dissection Dissection Hall	SDL Lecture Theater No. 2	**Histo Pract/ Physic ***Biochem Pract/ Physiology tutori.	CSF (H+I+J)
	08:00 a.m. to 08:50 a.m.	08:50 a.m. to 09:40 a.m.	09:40 a.m. (o 10:30 a.m.	10:30 a.m. je   1:20 a.m.	11:20 a.m. to 11:30 a.m.	11:30 a.m. to / 12:30 p.m.	12:30 p.m. to 01:20 p.m.	01:20 p.m. 60 02:10 p.m.	02:10 p.m.
THURSDAY	Anatomy Lecture Theater No. 10	Physiology Lecture Theater No. 10	Biochemistry Lecture Theater No. 10	Physiology Lecture theatre No. 2	Break	Anatomy Dissection Dissection Hall	**** Anatomy/Physio Lecture Theatre No. 2	••••• Disease Prev & Impact Lecture Theatre No. 2	Islamiyat/Pak Studies Lecture Theatre No. 2
13,25,135	08:00 a.m. to 08:45 a.m.	08:45 a.m. to 09:30 a.m."	09:30 a.m. to 10:30 a.m.	10:30 a.m. to 10:45 a.m.	10:45 a.	m. to 11:30 a.m.	11:30 a.m. to 12:	15 p.m 12:15	p.m. to 01:00 p.m.
FRIDAY	Biochemistry Lecture Theater No. 10	Anatomy Lecture Theater No. 10	Anatomy Dissection Dissection Hall	Break		Physiology The Theater No. 2	••••••PERL / Aging Lecture Theater		Physiology ure Theater No. 2

No. LM&DC/ 88 5.9-77 1024, Dated: 22-5-24

Copy for information to the:-

1.

- Principal, LMDC Heads of All concerned Departments, LMDC/GTTH HOD Medical Education, LMDC Principal, LMDC
   Heads of All concerned Departments, HOD Medical Education, LMDC
   Director Administration, LMDC
   Director Skills Lab, LMDC
   Director IT, LMDC
   Medical Superintendent, GTTH
   Transport Incharge, LMDC
   Lecture Theatur Encharge, LMDC
   Assistant Warden Hostels (Bey/Girl)
   Security Supervisor, LMDC
   Clask Representative (Boy,Girl)

- Class Representative (Boy.Girl)
   M/s Ali Tours, LMDC
- 14. Notice Board

1" three weeks Pharmacology & last four weeks Pathology.
 1" six weeks Histology Practical & last week Physiology Practical.
 1" three weeks Biochemistry Practical & last four weeks CSF.
 1" three weeks Anotom & last four weeks Physiology.
 1" six weeks Community Medicine & last week Behavioral Sciences.
 Clinical Skills Fourdation (CSE) will be keld in Anotomy Dissection.

• Clinical Skills Foundation (CSF) will be held in Anatomy Dissection Hall.

. SDL for t-hour practical time.

MAJ. GEN. (R) PROF. DR. NAEEM NAQI PRINCIPAL

Subject	Time allocated (Hours)	Discipline	
Anatomy (74 hours)	<u></u>		
Gross Anatomy	35		
Embryology & post natal development	14	Anatomy	
Microscopic structure	14		
Histology Practical	11		
Medical Physiology (61 hours)			
Theory	59	Physiology	
Practical	2		
Medical Biochemistry (41 hours)			
Theory	35	Biochemistry	
Practical	6		
Pathophysiology & pharmacotherapeutics (11	hours)		
	2	Pharmacology	
	9	Pathology	
Disease prevention & impact (6 total hours)	·		
	5	Community medicine & public health	
	1	Behavioral sciences	
Aging (1 total hour)	1	Gynae/OBS	

## **SUBJECT WISE TIME ALLOCATION**

# **LEARNING OBJECTIVES**

NORMAL STRUCTURE						
	THEORY					
	GROSS ANATOMY	TOTAL H	OURS = 35			
CODE	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	ΤΟΡΙϹ			
EnR-A-001	Describe the location, anatomy blood supply and functions of pituitary gland	Anatomy	Diencephalon (Endocrinology)			
	Describe the Thyroid, Parathyroid with their type, Relations, blood supply, and nerve supply.	Anatomy				
	Explain the anatomical basis for surgical removal of the glands of neck with special emphasis on the complications that can be encountered	Anatomy	Thyroid & Parathyroid			
EnR-A-002	Identify the Thyroid with their type, relations, blood supply, and nerve supply.	Anatomy	gland			
EnR-A-003	Describe the structure, fascia, coverings, blood and nerve supply of testis	Anatomy	Testis			
EnR-A-004	Describe the gross anatomical features and neuro- vasculature of epididymis and vas deferens, Seminal vesicles, Bulbourethral gland		Accessory Male organs			
EnR-A-005	Describe the morphological features and neurovascular supply of prostate. Describe, Draw & Label Lobes of prostate gland Correlate the clinical manifestations of prostate	Anatomy	Prostate			
	with lobes and/or zones of prostate					

	Describe the anatomical basis and manifestations of the		
	following conditions:		
	<ol> <li>Hydrocele of spermatic cord and/or testes</li> </ol>		
	<ul><li>2) Hematocele of testes</li></ul>		
EnR-A-006	<ul><li>3) Torsion of the spermatic cord</li></ul>		Testis clinical
	<ul><li>4) Varicocele</li></ul>	Anatomy	conditions
	<ul><li>5) Vestigial remnants of embryonic genital duct</li></ul>	Anatomy	
	Describe the anatomical basis of vasectomy, &	Anatomy	
	metastasis of cancer of testis and scrotum		
EnR-A-007	Describe shape, relations blood supply & nerve supply		
LIIX-A-007	of suprarenal gland	Anatomy	
	Explain the anatomical causes of Adrenal Abnormalities		Supra-Renal Gland
	Explain the anatomical causes of Adrenal Abhormanties	Anatomy	
E B A 000			
EnR-A-008	Define Bony Pelvis (Girdle) and describe the structures	<b>A</b> (	
	forming it.	Anatomy	_
	Describe the bones and salient anatomical features of		Pelvic Girdle
	Bony pelvis (girdle)	Anatomy	
		Anatomy	
	Describe the type, articulations and mechanics of		
	movements {axes and planes} of the following joints:		Sacroiliac- Joint
EnR-A-009	1) Sacro-Iliac	Anatomy	Sucronnue sonne
	2) Pubic Symphysis		
	3) Lumbosacral		
	4) Sacrococcygeal		
	List the contents of True and False Pelvis	Anatomy	
EnR-A-010	Tabulate the differences between male and female pelvis	Anatomy	Bony Pelvis (Girdle)

	Describe different types of pelvises	Anatomy	
	Describes different diameters of pelvis and their application in obstetric practice	Anatomy	-
	Describe the anatomical basis of pelvic fractures and their consequences	Anatomy	
EnR-A-011	Describe the topographical anatomy of pelvic walls and its components	Anatomy	Pelvis (Girdle)
	Describe the mechanics of changes occurring in pelvic ligaments and joint mobility in late pregnancy	Anatomy	-
	Describe the topographical anatomy of pelvic floor.	Anatomy	
EnR-A-012	Describe origin, insertion, nerve supply and actions of muscle forming pelvic floor	Anatomy	Pelvic Floor
EnR-A-013	Tabulate the attachments, innervations and actions of muscles forming the pelvic walls and floor	Anatomy	Pelvic Muscles
EnR-A-014	Describes injury to pelvic floor during child birth and its complications	Anatomy (Obs & Gynae)	Pelvic Girdle
EnR-A-015	Describe the peritoneal reflections in the male and female pelvis	Anatomy	Peritoneum peritoneal cavity of pelvis
EnR-A-016	Describe the gross anatomical features of Sacrum	Anatomy	Sacrum
EnR-A-017	Describe the gross anatomical features of pelvic fascia	Anatomy	Pelvic Fascia
EnR-A-018	Describe the boundaries of pelvic outlet and inlet	Anatomy	
	Enumerate the structures passing through the pelvic	Anatomy	<ul> <li>Pelvic Outlet and inlet</li> </ul>

	inlet and pelvic outlet		
EnR-A-019	Tabulate the differences in peritoneal reflections in male and female pelvis	Anatomy	Peritoneal Reflection in Pelvis
	Describe the origin, course, branches and distribution of common iliac artery	Anatomy	
EnR-A-020	Describe the origin, course, branches and distribution of external and internal iliac arteries	Anatomy	Pelvic Vessels
	Describe the origin, course, tributaries and area of drainage of pelvic veins	Anatomy	
EnR-A-021	Describe the location, afferents and efferent of pelvic lymph nodes	Anatomy	Pelvic Lymph Nodes
	Tabulate the origin, course, distribution and anastomosis of arteries of the pelvis	Anatomy	
	Describe the origin, root value, course, relations, branches and distribution of Pelvic nerves	Anatomy	_
EnR-A-022	Describe the anatomical basis and clinical picture for ligation of internal iliac artery and collateral circulation in pelvis	Anatomy	Pelvic Lymph Nodes
	Describe the clinical picture and anatomical basis for the injury to pelvic nerves	Anatomy	_
	Give anatomical justification for pelvic nerve blocks	Anatomy	
	Describe the morphological features of urethra (male and female)	Anatomy	

	Tabulate the parts of the male urethra with their location	Anatomy	Pelvis
EnR-A-023	and salient features		
	Describe the clinical picture and anatomical justification	Anatomy	
	for Ureteric Caliculi, Cystocele, Suprapubic Cystotomy,		
	Rupture of Bladder		
	Describe the clinical picture and anatomical justification	Anatomy	
	for Hypertrophy of Prostate		
	Describe the gross anatomical features of Ovaries and		
	Fallopian Tubes with their relations, blood supply, nerve		
	supply and lymphatic drainage	Anatomy	
	Describe related clinical conditions:	Allatolity	
	1) Positions of ovaries		
	2) Cysts of ovaries		
	3) Ectopic pregnancy		
	4) Tubal ligation		
	5) Salpingitis		
	Describe the gross anatomical features, parts, peritoneal		
	ligaments, blood supply, nerve supply & lymphatic &		
	clinical aspects of Uterus and Vagina	Anatomy	
	Describe related clinical conditions		
	1. Prolapse of uterus		
	2. Vaginal trauma		
	3. culdocentesis Describe, identify, justify and demonstrate the supports		
	of uterus		
	Describe the attachments of the perineal membrane and list its relations	Anatomy	
	Discuss the formation of Superficial and Deep Perineal Pouches	Anatomy	

EnR-A-024	List the contents of Superficial and Deep Perineal Spaces	Anatomy	Perineum
	Tabulate the attachments, actions and nerve supply of muscles of perineum	Anatomy	
	Describe the topographical anatomy and neuro- vasculature of Penis	Anatomy	
	Tabulate the muscles forming the perineal body with their attachments and nerve supply	Anatomy	
EnR-A-025	<ul> <li>Describe the clinical presentation and anatomical justification for:</li> <li>1) Hypospadias</li> <li>2) Phimosis</li> <li>3) Circumcision</li> <li>4) Erectile Dysfunction</li> <li>5) Internal Hernias</li> <li>6) Suprapubic Cystotomy</li> <li>7) Rupture Of Bladder</li> <li>8) Rectal Examination</li> <li>9) Disposition Of Uterus</li> </ul>	Anatomy	Pelvis
CODES	EMBRYOLOGY & POST-NATAL DEVELOPMENT	TOTAL I	HOURS=14
CODLS	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	TOPIC
	Describe the contributing factors, histogenesis and sequence of events of the development of Thyroid gland	Anatomy	Development of Thyroid gland
	Explain the embryological basis of the thyroglossal Cyst	Anatomy	

EnR-A-027	Describe the development of para-thyroid glands	Anatomy	Development Of
	Draw a concept map highlighting the development of para-thyroid gland	Anatomy	Parathyroid glands
EnR-A-028	<ul><li>Anatomically justify the clinical presentation of:</li><li>1. Ectopic Parathyroid</li><li>2. Aberrant Thyroid</li></ul>	Anatomy	Development of Thyroid, Parathyroid
EnR-A-029	Describe the development of pituitary gland Describe the embryological basis for the congenital	Anatomy	Development of Pituitary Gland
	anomalies of pituitary development		J
	Describe the contributing factors, histogenesis and the development of adrenal gland	Anatomy	
EnR-A-030	Draw a concept map for the development of adrenal gland	Anatomy	Development of Adrenal Gland
	Describe the embryological basis for the congenital anomalies of adrenal development	Anatomy	
EnR-A-031	Identify the stages in the development of the adrenal gland	Anatomy	Adrenal Gland
	Describe the indifferent gonads	Anatomy	
EnR-A-032	List and describe the Factors influencing the differentiation of gonads	Anatomy	Development of Reproductive
	Evaluate the role of the factors influencing sex determination and differentiation	Anatomy	system
	Describe the Development and descent of testis	Anatomy	
EnR-A-033	Describe the embryological basis and locations of undescended testes	Anatomy	Testes

	Draw a concept map highlighting the development of	Anatomy	
	testis	·	
	Explain the Development and descent of ovaries	Anatomy	-
EnR-A-034		·	
	Draw a concept map highlighting the development of	Anatomy	-
	ovaries		
	Describe the anatomical basis for indifferent gonads,	Anatomy	
	Klinefelter, turner syndromes & androgen insufficiency		
	Describe the Formation of Genital Ducts In different	Anatomy	
	stage (paramesonephric and mesonephric ducts)		
	Describe the development of female genital ducts and	Anatomy	
	glands, Development of uterus & Vagina. Describe		Development of
	related clinical anomalies:		Reproductive
	1) Uterus Arcuatus		system
	2) Uterus septus		
	3) Uterus Bicornis Bicollis		
	4) Uterus Bicornis Unicollis		
	5) Uterus Unicornis		
	6) Atresia of vagina		
	7) Double vagina		
	8) Imperforate hymen		
	Describe the development of male genital ducts and	Anatomy	
	glands		
	Discuss the Development of male external genitalia	Anatomy	

	Describe the Development of female external genitalia	Anatomy	
	Explain the anatomical basis for the Associated congenital anomalies of male and female external genitalia (Hyposidiasis, Epispidiasis)	Anatomy	
	Describe the development of inguinal canal and descent of testis and embryological basis for Cryptorchidism, Ectopic Testis, Congenital Inguinal Hernia, Hydrocele	Anatomy	
	Klinefelter, turner syndromes & androgen insufficiency Describe the embryological basis for the coverings of testis	Anatomy	
CODES	MICROSCOPIC STRUCTURE (HISTOLOGY & PATHOLOGY)	TOTAL F	IOURS =14
	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	TOPICS
	Describe the histological basis and manifestation of Gastric Carcinoid Tumors	Anatomy	
EnR-A-035	Classify the principal Enteroendocrine Cells on the basis of type, location, hormone produced and Actions	Anatomy	Stomach
	Describe microscopic structure of Pituitary gland.	Anatomy	
EnR-A-036	Classify pituitary gland on the basis of cell type, hormone produced and functions	Anatomy	Pituitary gland
	Explain the histological basis and manifestation of Pituitary Adenomas	Anatomy	
EnR-A-037	Describe the light microscopic structure of Adrenal Gland	Anatomy	Adrenal gland
	Explain the histological basis and manifestation of Addison disease	Anatomy	, C

	Describe the light microscopic structure of endocrine	Anatomy	
		matomy	
	pancreas	•	_
	Classify the pancreatic islets on the basis of cell type,	Anatomy	
EnR-A-038	hormone produced and functions		Pancreas
	Explain the histological basis and manifestation of	Anatomy	
	Diabetes Mellitus		
	Explain the components and functions of	Anatomy	
	neuroendocrine system		
	Describe the light microscopic structure of Thyroid	Anatomy	
	Gland		Thyroid and
EnR-A-039	Describe the light microscopic structure of	Anatomy	parathyroid
	Parathyroid Gland		glands
	Describe the light microscopic structure of Pineal gland	Anatomy	-
	Describe the light and ultramicroscopic structure of		
	Testes, structure & function of Sertoli cells. Describe	Anatomy	
EnR-A-040	Blood testes Barrier		Testes
	Describe the histological basis and manifestation of	Anatomy	1
	Orchitis, Cryptorchidism		
EnR-A-041	Describe the light microscopic structure of Epididymis	Anatomy	Epididymis
EnR-A-042	Describe the light microscopic structure of vas deferens	Anatomy	vas deferens
EnR-A-043	Describe the light microscopic structure of seminal	Anatomy	Seminal vesicle
	vesicle		
	Describe the light microscopic structure of Prostate	Anatomy	
EnR-A-044	Gland		Prostate
	Describe the lobes of prostate and correlate with the	Anatomy	1

	pathologies of prostate	pathology	
	Describe the light microscopic structure of ovaries	Anatomy	
EnR-A-045	Describe the light microscopic structure of ovarian follicles in different stages of menstrual cycle.	Anatomy	Ovaries
	Describe the histological basis and manifestation of Polycystic Ovary Syndrome	Anatomy pathology	
	Discuss the light microscopic structure of uterus	Anatomy	
EnR-A-046	Describe the light microscopic structure of different stages of Menstrual cycle	Anatomy	Uterus
	Describe the histological basis and manifestation of Endometriosis	Anatomy (Obs & Gynae)	
EnR-A-047	Describe the light microscopic structure of Fallopian		
	Tube.	Anatomy	Fallopian Tube
EnR-A-048	Describe the light microscopic structure of Cervix	Anatomy	Cervix
	Describe the histological basis and manifestation of Cervical Carcinoma	Anatomy Pathology	
EnR-A-049	Describe the light microscopic structure of	T amology	
	Vagina	Anatomy	Vagina
	Describe light microscopic structure of mammary gland	Anatomy	
EnR-A-050	(inactive, during pregnancy, after lactation)	pathology	Mammary Gland
	Discuss histological basis of Breast cancer		
	PRACTICAL		

CODES	HISTOLOGY	TOTAL HOURS = 11	
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPICS
EnR-A-051	Identify draw & Label the Pituitary gland under	Anatomy	Pituitary gland
	light microscope		
EnR-A-052	Identify draw & label the Thyroid & Parathyroid glands	Anatomy	Thyroid &
	under light microscope		Parathyroid gland
EnR-A-053	Identify draw & Label the Adrenal gland under	Anatomy	Adrenal Gland
	light microscope		
EnR-A-054	Identify draw & Label Testes, Epididymis & Vas deferens	Anatomy	Testes
	under the light Microscope		Epididymis
			Vas Deferens
EnR-A-056	Identify, draw and label the ovaries under light	Anatomy	Ovaries
	microscope		
EnR-A-057	Identify, draw and label the slide of different phases of	Anatomy	Uterus
	uterus under light microscope		
EnR-A-058	Identify, draw and label the fallopian tube under light	Anatomy	Fallopian Tube
	microscope		
EnR-A-059	Identify, draw and label the cervix under light	Anatomy	Cervix
	microscope		
EnR-A-060	Identify, draw and label the vagina under light	Anatomy	Vagina
	microscope		
EnR-A-061	Identify, draw and label the mammary gland (different	Anatomy	Mammary
	stages) under light microscope		gland
NORMAL FUNCTION			
THEORY			

	MEDICAL PHYSIOLOGY	TOTAL H	OURS = 59
CODES	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPICS
EnR-P-001	Define different chemical messengers. Enlist endocrine organs and hormones of the body. Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors.	Biochemistry	Introduction to Endocrinology
EnR-P-001	<ul> <li>Explain the mechanism of intracellular signaling after hormone receptor activation.</li> <li>Name the hormones that use enzyme-linked hormone receptors signaling.</li> <li>Explain the mechanism of enzyme linked receptors.</li> <li>Enlist second messenger mechanisms for mediating intracellular hormonal functions.</li> <li>Define second messenger system.</li> <li>Explain the adenylyl cyclase– cAMP Second Messenger System.</li> <li>Enumerate the hormones that use the adenylyl cyclase– cAMP Second Messenger System.</li> <li>Explain The cell membrane phospholipid second messenger System.</li> <li>Enumerate the hormones that use cell membrane phospholipid second messenger system.</li> </ul>		

	Name the hormones/ factors of hypothalamus.		
	Name the hormones of anterior pituitary.		
	Name the hormones of posterior pituitary.		
	Describe the functional relationship between		
	hypothalamus, anterior and posterior pituitary gland.		Hypothalamus
EnR-P-001	Explain the significance of hypothalamic- hypophyseal	Physiology	and pituitary
	portal circulation.		
	Explain the hypothalamic pituitary tract.		
	Explain the mechanism of action of growth hormone.		
	Explain the actions of Growth hormone on Carbohydrate.		
	Discuss the actions of Growth hormone on protein		
	metabolism.		
	Describe the actions of Growth hormone on fat		
	metabolism.		
	Explain the effect of growth hormone on skeletal growth		
	and age.		
	Explain the significance of somatomedins in mediating the		
	actions of growth hormone.		
	Describe the regulation of Growth Hormone.		
	Describe the causes and features and treatment of		
	panhypopituitarism in adults and childhood.		
	Define Sheehan's syndrome.		
	Enlist the types of dwarfism according to cause.		
	Explain the pathophysiology and features of gigantism		
	and acromegaly.		
	Explain the mechanism of action of antidiuretic hormone.		
	Discuss the actions of antidiuretic hormone.		
	Regulation of antidiuretic hormone production.		

	Elaborate the mechanism of action of oxytocin. Discuss		
	the actions of oxytocin.		
	Discuss the transport of thyroid hormone		
	Discuss the mechanism of action of thyroid hormone		
	Explain the actions of thyroid hormone on carbohydrate		
	metabolism		
EnR-P-002	Discuss the actions of thyroid hormone on protein	Physiology	Thyroid gland
	metabolism		
	Explain the actions of thyroid hormones on fat metabolism		
	Explain the non-metabolic functions of thyroid hormone		
	Explain the regulation of thyroid hormone		
	Enumerate antithyroid substances and explain their		
	mechanism of action		
	Enumerate the causes of hyperthyroidism		
	Explain the features, pathophysiology and treatment of		
	thyrotoxicosis/ grave's disease		
	Explain the thyroid function test to investigate hypo and		
	hyperthyroidisms		
	Enlist the causes of hypothyroidism		
	Explain the pathophysiology of Hashimoto		
	hypothyroidism Discuss the features and pathophysiology		
	and treatment of myxedema		
	Explain the pathophysiology and features of endemic		
	colloid goiter		
	Discuss the pathophysiology and features of nontoxic		
	colloid goiter		
	Enlist the causes of cretinism		
	Discuss the features and pathophysiology of cretinism		

	Name the hormones of adrenal cortex.		
	Explain the physiological anatomy of adrenal cortex.		
	Explain the cellular mechanism of Aldosterone action.		
	Explain the effects of mineralocorticoid hormone. Discuss		
EnR-P-003	the regulation of aldosterone secretion.	Physiology	Adrenal gland
	Discuss the metabolic and non-metabolic functions of		
	cortisol		
	Explain the interconversion of active cortisol and inactive		
	cortisone by the 2, 11 beta hydroxysteroid dehydrogenase		
	isoform.		
	Explain the mechanism for regulation of glucocorticoid		
	secretion by hypothalamus and pituitary		
	Name adrenal androgens and enlist the functions of adrenal		
	androgens.		
	Discuss the causes, features, pathophysiology and treatment		
	of hypoadrenalism (Addison's disease).		
	Enlist the causes of hyperadrenalism.		
	Explain the features, pathophysiology and treatment of		
	Cushing's syndrome.		
	Differentiate between Cushing's syndrome and Cushing's		
	disease		
	Explain the clinical importance of dexamethasone		
	suppression test to diagnose Cushing's syndrome.		
	Discuss the features, pathophysiology and treatment of		
	Conn's syndrome.		
	Enlist the cause, features and pathophysiology of		
	congenital adrenal hyperplasia/ Androgenital syndrome		
	Enumerate the types of pancreatic cells with their	Physiology	Pancreatic hormones

	hormones.		
	Explain the mechanism of action of insulin.		
	Discuss the synthesis and mechanism of release of		
EnR-P-004	insulin.		
	Explain the effects of insulin on carbohydrate, protein		
	and lipid metabolism.		
	Enlist the actions of insulin on liver, adipose tissue and		
	skeletal muscle.		
	Enlist the factors and conditions that increase or		
	decrease insulin		
	Explain the role of insulin (and other hormones) in		
	"switching" between carbohydrate and lipid metabolism.		
	Discuss the effects of glucagon on carbohydrate and		
	lipid metabolism.		
	Explain the factors that regulate the secretion of		
	glucagon.		
	Explain the 24-hour regulation of glucose.		
	Discuss the importance of blood glucose regulation.		
	Explain the actions of somatostatin		
	Enlist the types of diabetes mellitus		
	Explain the causes of Type I and type II diabetes		
	mellitus		
	Discuss the features and pathophysiology of diabetes		
	mellitus		
	Explain the role of insulin resistance, obesity and		Abnormalities of glucose
EnR-P-005	Metabolic syndrome in developing type II	Physiology	regulation

	diabetes mellitus		
	Explain how to diagnose the diabetes mellitus		
	Explain the treatment of type I and type II diabetes		
	mellitus		
	Explain the features, cause of insulinoma		
	Discuss the physiological anatomy of parathyroid gland		
	Explain the rapid and slow mechanism of resorption of		
	bone by parathyroid hormone		
EnR-P-006	Discuss the actions of parathyroid	Physiology	Parathyroid hormones
	Explain the control of parathyroid secretion by calcium		
	ion concentration		
	Discuss the effects of Vitamin D		
	Discuss the effects of calcitonin on calcium		
	Discuss the regulation of calcium (the first & second line		
EnR-P-007	of defense)	Physiology	Regulation of calcium in
	Explain the causes and features of hypoparathyroidism	тпузююду	body
	Explain the causes and the features of primary and		
	secondary hyperparathyroidism		
	Enumerate the causes and features of osteoporosis		
	Enlist the functions of adrenal medullary hormones and		Adreno
EnR-P-008	explain pheochromocytoma	Physiology	medullary hormones

	Describe the hormonal factors that affect spermatogenesis Explain the maturation and storage of sperm in		
EnR-P-009	epididymis Discuss the structure and physiology of a mature sperm	Physiology	Spermatogenesis, Capacitation & Acrosome reaction
	Describe the composition of semen Discuss the functions of prostate & seminal vesicles in the formation of semen		reaction
	Explain the phenomenon of capacitation and its significance		
	Describe the acrosome Reaction and its significance Discuss the role of pineal gland in reproduction		
	Discuss the site of secretion of testosterone		
	Name the active form of testosterone		
	Explain the production of estrogen in males		
EnR-P-010	Describe the basic intracellular mechanism of action of testosterone	Physiology	Testosterone
	Explain the functions of testosterone in intrauterine life		
	and after birth		
	Discuss the regulation of male sexual functions by		
	hormones from the hypothalamus and anterior pituitary		
	gland		
	Enumerate and explain the phases of ovarian cycle		
	along with the hormonal changes		
	Explain the postulated mechanism of ovulation		

r			
	Explain the formation and involution of Corpus luteum		
EnR-P-011	Endometrial cycle	Physiology	Menstrual cycle
	Explain the structural and hormonal changes of		5
	endometrial cycle		
	Explain the regulation of female monthly cycle		
	Discuss the role of progesterone on female sexual		
	organs		
	Enumerate the ovarian hormones		
	Discuss the synthesis of estrogen and progesterone		
EnR-P-012	Describe the interaction of follicular theca and granulosa	Physiology	Female sexual
	cells for production of estrogens with the help of a		hormones
	diagram		
	Explain the functions of the estrogens on different		
	organs Discuss the role of progesterone on female		
	sexual organs		
	Explain the physiological basis of puberty, menarche		Dubouty
	Define menopause		Puberty, menarche &
EnR-P-013	Explain the cause of menopause	Physiology	menopause
	Discuss the physiological changes in the function of the	1 11 9 8 1 8 1 8 9	
	body at the time of menopause		
	Explain the non-hormonal functions of placenta		
	Explain the hormonal factors in pregnancy/ hormones of		
	placenta		
	Explain the changes in non- placental hormones during	Physiology	Normal
EnR-P-014	pregnancy		pregnancy
	Response of the mother's body to pregnancy		
-			

	Explain the mechanical and hormonal factors that increase uterine contractility during parturition		
	Explain the physiology of lactation		
EnR-P-015	Discuss the actions of prolactin Justify the suppression of ejection of milk during	Physiology	Lactation
	pregnancy Discuss the physiological basis of suppression of the		
	female ovarian cycles in nursing mothers for many		
	months after delivery		
CODE	MEDICAL BIOCHEMISTRY	TOTAL HOURS =35	
CODL	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPICS
EnR-B-001	Define different chemical messengers.	Biochemistry	Introduction to
	Enlist endocrine organs and hormones of the body.		Endocrinology
	Emist endocrine organs and normones of the body.		
	Enlist the hormones on the basis of chemical nature.		
	Enlist the hormones on the basis of chemical nature.		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion.		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors.		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors. Explain the		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors. Explain the mechanism of intracellular signaling after hormone		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors. Explain the mechanism of intracellular signaling after hormone receptor activation.		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors. Explain the mechanism of intracellular signaling after hormone receptor activation. Name the hormones that use enzyme-linked hormone		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors. Explain the mechanism of intracellular signaling after hormone receptor activation. Name the hormones that use enzyme-linked hormone receptors signaling.		
	Enlist the hormones on the basis of chemical nature. Discuss the feedback control of hormone secretion. Explain the up and down regulation of receptors. Enlist the location of hormone receptors. Explain the mechanism of intracellular signaling after hormone receptor activation. Name the hormones that use enzyme-linked hormone receptors signaling. Explain the mechanism of enzyme linked receptors.		

	Enlist second messenger mechanisms for mediating		
	intracellular hormonal functions		
	Define second messenger system.		
	Explain the adenylyl cyclase- cAMP Second Messenger		
	System.		
	Enumerate the hormones that use the adenylyl cyclase-		
	cAMP Second Messenger System.		
	Explain The cell membrane phospholipid second		
	messenger System.		
	Enumerate the hormones that use cell membrane		
	phospholipid second messenger system.		
	Explain the mechanism of calcium Calmodulin system		
	Describe the features of Signal transduction Describe		Signal
EnR-B-002	different types of receptors	Biochemistry	Transduction
EnR-B-003	Discuss the classification of hormones	Biochemistry	Classification of hormones
	Describe different types of second messengers		
	Differentiate the G protein and non-G protein mediated		
	pathways of signal transduction		
	Discuss the hormones which act through: Cyclic AMP		
	(Adenosine monophosphate)		
	Discuss the hormones which act through: Cyclic GMP		
	(guanosine monophosphate)	Biochemistry	
	Discuss the hormones which act through calcium		
	phosphoinositol		
EnR-B-004	Describe the Receptor tyrosine kinase pathway of signal		
2 001	transduction		Second
		I	

	Explain the Serine threonine kinase pathway of signal		messengers
	transduction		8
	Discuss the Nuclear Receptor mediated pathway of		
	signal transduction		
	Describe the Receptor coupled to Jak Stat pathway of		
	signal transduction	Biochemistry	
	Explain the control and negative feedback mechanism		
	of hormone regulation		
	Discuss the biosynthesis, secretion, mechanism of		
	action and metabolic functions of Insulin, glucagon,		
	epinephrine, cortisol, thyroid and growth hormone with		
		Biochemistry	
	special reference to carbohydrate, protein and lipid metabolism		
	Interpret disorders of hormones on the basis of sign,	Biochemistry	
	symptoms and given data		
	Explain the synthesis, secretion, transport and clearance of		Synthesis of
EnR-B-005	steroid and protein hormones.	Biochemistry	Hormones
	Enlist the steps in the synthesis of adrenocortical		
	hormone. Explain the synthesis and secretion of ACTH		
EnR-B-006	(Adrenocorticotropic hormone) in association with	Biochemistry	Synthesis of ACTH &
	melanocyte-stimulating hormone, lipotropin, and	Diochemistry	adrenocortical
	endorphin.		
	Explain the structure, biosynthesis, secretion, transport,		Sauthasis of
E-D D 007	regulation, catabolism, mechanism of action and	Biochemistry	Synthesis of testosterone,
EnR-B-007	biochemical role of testosterone, progesterone and	Diochennisu y	progesterone
	estrogen		and estrogen
EnR-B-008	Discuss the role of steroid hormones in oral	Biochemistry	Steroid in
LIIIX-D-000	contraception, Infertility	Diochennisu y	infertility

	Define the following terms, shromesome allele		
EnR-B-009	Define the following terms: chromosome, allele (dominant and recessive), gene, locus, heterozygote, homozygote, hemizygous, autosome, genotype, phenotype, haploid and diploid number of chromosomes, aneuploidy, proband, proposita, pedigree, propositus, penetrance, codominance and	Biochemistry	Nomenclature of genetics
	polygenicDiscuss the structures of genes, how they are organized		
EnR-B-010	and regulated.	Biochemistry	Genes
EnR-B-011	Describe Mendelian Law of Segregation and Law of Independent Assortment.	Biochemistry	Mendelian laws
EnR-B-012	Describe the patterns of inheritance characteristic of autosomal dominant, autosomal recessive, X- linked	Biochemistry	Patterns of inheritance
	dominant, X-linked recessive and mitochondrial traits.		
EnR-B-013	Interpret genetic symbols as they appear in pedigrees.	Biochemistry	Pedigrees
EnR-B-014	<ul> <li>Analyze pedigree to determine the mode of inheritance of following traits:</li> <li>1) X-linked recessive (Duchenne Muscular dystrophy)</li> <li>2) X-linked dominant (Rickets)</li> <li>3) Autosomal recessive (Xeroderma Pigmentosum)</li> <li>4) Autosomal dominant (Huntington's Disease))</li> <li>5) Mitochondrial disorder (Mitochondrial diabetes)</li> </ul>	Biochemistry	Mode of inheritance
EnR-B-015	Discuss different structural and numerical chromosomal	Biochemistry	Chromosomal abnormalities

	abnormalities.		
EnR-B-016	Interpret the normal human karyotype in terms of number and structure of chromosomes.	Biochemistry	Karyotypes
EnR-B-017	Describe the effect of the following chromosomal mutations on a segment of DNA: point mutation, frameshift mutation, deletion, insertion, inversion, Robertsonian Translocation and mosaicism.	Biochemistry	Mutations
EnR-B-018	Discuss the concept of central dogma from gene to protein (replication, transcription and translation)	Biochemistry	Central dogma (Overview)
EnR-B-019	Discuss the gene expression especially Lac operon and Tryptophan operon	Biochemistry	Gene Expression
EnR-B-020	Discuss the regulation of eukaryotic gene expression with special emphasis on iron metabolism and RNA interference	Biochemistry	Gene Expression
EnR-B-021	<ul> <li>Discuss the following Recombinant DNA techniques with reference to their principles, procedures and application:</li> <li>1) PCR (Polymerase Chain Reaction)</li> <li>2) RFLP (Restriction Fragment Length Polymorphism)</li> <li>3) Cloning</li> <li>4) Human Genome Project</li> <li>5) Blotting Techniques</li> </ul>	Biochemistry	Techniques
	6) DNA (Deoxyribose Nucleic Acid) sequencing		

	PRACTICAL		
	BIOCHEMISTRY	TOTAL HOURS=06+02=08	
CODES	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPICS
EnR-B-022	Perform DNA extraction	Biochemistry	DNA
EnR-B-023	Perform Electrophoresis	Biochemistry	Electrophoresis
EnR-B-0234	Perform PCR	Biochemistry	PCR
EnR-B-025	Demonstrate ELISA (enzyme-linked immunoassay) to measure concentration of hormones	Biochemistry	ELISA
EnR-P-016	Perform Pregnancy test	Physiology	Pregnancy test
	PATHOPHYSIOLOGY AND PHARMACOTHERAPEUTICS	TOTAL H	IOURS =02
CODES	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPICS
EnR-Ph-001	Explain the mechanism of action of thyroxine Explain Clinical uses and potential adverse effects with use of Thyroxine	Pharmacology	Anti-thyroid substance & MOA, uses, effects
CODES	SPECIFIC LEARNING OBJECTIVES	TOTAL HOURS =09	
EnR-Pa-001	Enumerate clinical manifestations along with hormone levels of anterior pituitary	<b>DISCIPLINE</b> Pathology	TOPICS Pathology of Anterior Pituitary Gland

	Classification of pituitary adenomas		
EnR-Pa-002	Enumerate and describe posterior pituitary syndromes (inappropriate ADH (Anti Diuretic Hormone) secretion,	Pathology	Pathology of Posterior Pituitary Gland
EnR-Pa-003	diabetes insipidus) Enumerate causes of hypo and hyperthyroidism along with levels of thyroid hormones	Pathology	Pathology of Thyroid Gland
EnR-Pa-004	Enumerate causes of hypercalcemia, hyper and hypoparathyroidism	Pathology	Pathology of Parathyroid Gland
EnR-Pa-005	Give etiological Classification of DM (Diabetes Mellitus) Differentiating features of DM-I and DM-II on the basis of pathogenesis, clinical features, diagnosis and complications	Pathology	Pathology of Endocrine Pancreas Gland
EnR-Pa-006	Enumerate causes of Cushing syndrome with lab investigations Causes and clinical features of adrenocortical insufficiency (Addison disease)	Pathology	Pathology of Adrenal Gland
EnR-Pa-007	Enumerate causes of lower genital tract infections and PIDs along with lab investigations Enumerate causes of infertility in females along with hormonal investigations	Pathology	Female Reproductive Pathology
	Causes of dysfunctional uterine bleeding with histopathological features Pathophysiology and lab diagnosis of eclampsia and preeclampsia		
	Causes of placental implantations (ectopic pregnancy)		

EnR-Pa-008	Enumerate causes of inflammation of male genital tract Causes of male infertility with semen analysis Describe pathological features of testicular torsion	Pathology	Male Reproductive Pathology
	DISEASE PREVENTION AND IMPACT	TOTAL H	OURS = 05
CODES	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	TOPICS
	Define Diabetes Mellitus according to WHO (World	Community	
	Health Organization) criteria	Medicine and	Diabetes
	Classify types of Diabetes Mellitus	Public Health	Diabetes
EnR-CM-001	Describe epidemiological risk factors for Diabetes	Community	
	Epidemiological distribution & statistics of DM	Medicine and	
	Screening of community for Diabetes	Public Health	
	Apply levels of prevention for control of Diabetes.		
	Classify types of genetic disorders common in community.		
EnR-CM-002	Describe health promotional measures to control genetic diseases.	Community Medicine	Genetics
EIIK-CIVI-002	Describe screening programs for community to prevent genetic disorders.		
	Apply levels of preventive and social measures for		
	control of genetic abnormalities.		
	Define women health and life cycle approach for health-		
	related events.	Committee	
EnR-CM-003	Highlight statistics related to human reproductive health issues.	Community Medicine	Reproductive health

	Enumerate health related problems across a woman's reproductive lifetime. Explain the components of reproductive health.		
	BEHAVIORAL SCIENCES	TOTAL F	IOURS =01
CODES	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPICS
	Discuss common sexual dysfunctions and their prevalence, with emphasis on culture bound syndromes. Identify the various biological, psychological, and relational factors that can contribute to sexual difficulties. Discuss barriers to seek help. Discuss the importance of person centered and nonjudgmental approach when discussing sexual health concerns. Explain the ethical obligations of healthcare professionals in respecting patient confidentiality and informed consent when addressing sexual health issues.	Behavioral Sciences	Sexual difficulties and Medical Practices
	AGING		
CODES	THEORY	TOTAL H	IOURS =01
	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	TOPICS
EnR-Ag-001	Enlist the changes that occur in female body after menopause.	Gynae/ OBS	Menopause



## HEAD & NECK, SPECIAL SENSES MODULE

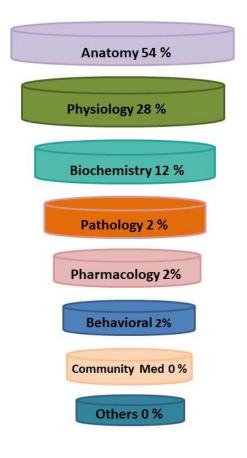




## **INTRODUCTION TO MODULE**

Program	MBBS
Year	Two
Module No.	09
Module Title	Head & Neck, special senses Module
Module weeks	05
Recommended minimum hours	164

#### Integrated Disciplines of Head & Neck, special senses module



#### **MODULE DESCRIPTION**

The second year MBBS students will have a detailed understanding of the anatomy, physiology, and clinical aspects of the Head and Neck, Special Senses. This knowledge is critical for the diagnosis and treatment of a wide range of diseases associated with these senses.

This module covers the important structures and functions of the Head & Neck, eye, ear, tongue, nose, as well as the pathologies and treatments associated with them. This includes common conditions such as cataracts, glaucoma, aging changes, hearing loss, tinnitus, otitis media, olfactory disorders.

Additionally, the special senses module includes training in relevant clinical examination skills, such as ophthalmoscopy, otoscopy, rhinoscopy, and vestibular testing. These skills are essential for identifying and diagnosing special senses conditions, and for monitoring the effectiveness of treatments. An understanding of these structures is important for the general practice of medicine as they play

a critical role in the overall health and well-being of patients. For example, vision and hearing loss can lead to a decline in cognitive function and social isolation, while smell and taste disorders can affect appetite and nutrition.

#### **MODULE OUTCOME**

- Integrate the anatomical and pathophysiological aspects of the Head & Neck, eye, ear, nose, tongue, vestibular system and the neural pathways, receptors involved in their function with the clinical aspects.
- Develop the ability to identify and diagnose common pathologies such as cataracts, glaucoma, age-related degeneration, hearing loss, impacted wax, otitis media and olfactory disorders.
- Demonstrate the clinical examination (simulation) skills necessary for the assessment of special senses, such as ophthalmoscopy, otoscopy, rhinoscopy, and vestibular testing.
- Differentiate the differential diagnosis and options available for special senses conditions, including medical, surgical, and rehabilitative approaches.
- Illustrate awareness of the impact on overall health and well-being, the importance of preventing and early detection of related disorders.
- Develop the ability to communicate effectively with patients and their families, including

explaining diagnosis and treatment options, and providing emotional support.

- Practice the attitude to work in a multidisciplinary team, collaborating with other professionals to provide comprehensive care for patients.
- Equip themselves with the ability to appreciate the significance of lifelong learning and professional development to keep up with latest advances in the clinical field.

#### THEMES

- Vision
- Hearing
- Taste
- Olfaction
- Head & Neck

#### **CLINICAL RELEVANCE**

- Glaucoma
- Cataract
- Night Blindness
- Conjunctivitis
- Impacted Wax
- Otitis Media
- Otomycosis
- Glue Ear
- Rhinitis

## TIME TABLE

Subject	Time allocated (Hours)	Discipline
Anatomy	L	
Gross Anatomy	56	
Embryology & post natal development	15	Anatomy
Microscopic structure	8	
Histology Practical	9	
Medical Physiology	1	
Theory	30	Physiology
Practical	16	
Medical Biochemistry		
Theory	7	Biochemistry
Practical	5	
Pathophysiology & pharmacotherapeutics	9	Pathology &
		Biochemistry
Disease prevention & impact	7	Community medicine.
		Biochemistry,
		otorhinolaryngology,
		Behavioral sciences
Aging	3	Biochemistry,
		otorhinolaryngology,
		Anatomy

## **SUBJECT WISE TIME ALLOCATION**

## **LEARNING OBJECTIVES**

NORMAL STRUCTURE			
	THEORY		
CODE	GROSS ANATOMY	TOTAL H	$\mathbf{DURS} = 56$
CODE	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	TOPIC
	Define the boundaries and openings of orbital cavity. List		
	orbital contents and structures traversing these openings.		
	In a tabulated manner, list the extraocular and intraocular		
	muscles of eyeball giving their nerve supply and actions.		
	List and define the movements of eyeball with		
	special reference to orbital and visual axis		
	Describe the functional modalities, course, distribution,		
	brnaches of oculomotor, trochlear and abducent nerve.		
	Describe the location, roots and distribution of ciliary	Human Anatomy	Vision
HNSS-A-	ganglion.		
001	Describe the course and distribution of optic nerve in		
	reference to visual pathway. Give the effects of its lesions		
	Give the clinical correlates of nerves supplying the		
	eyeball and its muscles. Give anatomical justification for		
	Horner's syndrome		
	Describe the course and branches of ophthalmic		
	artery mentioning its origin and termination.		
	Describe the structure of eyelids, conjunctiva and		
	tarsal glands with their neurovascular supply		
	List the parts of Lacrimal apparatus giving their		
	location and anatomical features. Describe the nerve	Human Anatomy	
	supply of lacrimal gland		

	Describe the location, roots and distribution of pterygopalatine ganglia.	Anatomy	
	Give the anatomical structure of eyeball emphasizing	Human	Vision
	on its three coats and their neurovascular supply	Anatomy	
	Describe the boundaries of nasal cavity: nasal septum, lateral wall of nose, roof and floor. Give their anatomical features and neurovascular	Human Anatomy	
	supply. Describe the anatomical features and neurovascular supply of external nose	Human Anatomy	
HNSS-A- 002	List the paranasal sinuses giving their locations, openings, neurovascular supply and clinical significance.	Human Anatomy	Olfaction
	Describe the course and distribution of olfactory nerve in reference to olfactory pathway. Give the effects of its lesions.	Human Anatomy	
	Describe the anatomical features and neurovascular supply of external ear	Human Anatomy	
HNSS-A- 003	Describe the boundaries, contents, neurovascular supply and communications of middle ear cavity.	Human Anatomy	
	Describe the parts, anatomical features and neurovascular supply of internal ear.	Human Anatomy	Hearing
	Describe the course and distribution of vestibulocochlear neve mentioning the effects of its		8
	lesion. Describe auditory pathway.	Human Anatomy	

	Describe the anatomical features of tongue with	Human	
	emphasis on its mucosa, attachments, musculature,	Anatomy	
	vasculature and lymphatic drainage.	5	
	Describe the nerve supply of tongue (general		
	sensory, special sensory and motor) with reference	Human	Taste
HNSS-A-	to their lesions and embryological basis.	Anatomy	Taste
004	List taste buds mentioning their structure, location	5	
	and nerve supply.		
	Describe the taste pathway.		
	Discuss lesions of motor and sensory nerve supplying	Human	
	the tongue. Discuss the anatomical correlates of	Anatomy	
	lingual carcinoma in reference to lymphatic	1 matority	
	drainage of tongue		
	Describe the features of Norma Frontalis, Norma		
	Verticalis, Norma Parietalis, Norma occipitalis and	Human	
	Norma Basalis	Anatomy	
		•	
	Describe the features of Norma lateralis: temporal,		
	infratemporal & pterygopalatine fossae giving their	Human	
	boundaries, contents and communications.	Anatomy	
HNSS-A-			
005	Discuss the sutures and fontanelles of skull, their	Human	Skull
	age changes and clinical significance.	Anatomy	
	List the layers of scalp and describe the anatomical	Human	
	features with neurovascular supply and lymphatic	Anatomy	
	drainage of scalp.		

HNSS-A-	Give anatomical justification of spread of scalp		Scalp
006	infections, profuse bleeding in superficial scalp	Human	_
	lacerations, gaping of scalp wounds and black eye.	Anatomy	
		7 mailing	
	Enlist in tabulated manner the muscles of facial		
	expression and mastication, giving their nerve supply		
HNSS-A-	and actions.	Human	Muscles of facial
007	Define modiolus.	Anatomy	expressions
	Describe the functional modalities, course, branches,	Human	
	and distribution o0f cranial nerves innervating the	Anatomy	
	face (sensory & motor) trigeminal and facial nerves		
	Describe the vascular supply and lymphatic	Human	
HNSS-A-	drainage of face.	Anatomy	Neurovascular
008			supply of face
	Draw a diagram to illustrate cutaneous innervation	Human	
	of face.	Anatomy	
	Discuss anastomoses of facial artery with contralateral	Human	
	vessels and branches of internal carotid artery with	Anatomy	
	theisignificance.		
	Describe the danger area of face with it its clinical		
HNSS-A-	significance. Define the routes of spread of infection	Human	Danger area
009	from face and scalp to intracranially.	Anatomy	2
	Describe the bony features and muscle attachment	Human	
	of mandible.	Anatomy	

HNSS-A- 010	Classify temporomandibular joint mentioning its ligaments, relations, nerve supply and movements (with their mechanics and muscles producing them).	Human Anatomy	Mandible
HNSS-A- 011	Describe anatomical features, relations and neurovascular supply of parotid gland and its duct, mentioning the structures entering and exiting the gland	Human Anatomy	Parotid gland
	Discuss the clinical correlates of parotid gland: parotiditis, Mumps, Frey's syndrome, parotid duct stones and parotid tumor surgery with its complications	Human Anatomy	
HNSS-A- 012	Describe the parts and boundaries of oral cavity and give its relation to the Waldeyers' ring.	Human Anatomy	Waldeyers' ring
HNSS-A- 013	Describe the anatomical features of hard and soft palate with their neurovascular supply.	Human Anatomy	Hard and soft palate
HNSS-A- 014	Describe anatomical features, relations and neurovascular supply of submandibular and sublingual glands with their ducts.	Human Anatomy	Submandibular Sublingual glands
HNSS-A- 015	Describe the location, roots and distribution of otic and submandibular ganglia.	Human Anatomy	Otic and Submandibular ganglia
HNSS-A- 016	Describe the anatomical features of Hyoid bone and give attachments on the bone.	Human Anatomy	Hyoid bone
	Enumerate the types of cervical vertebrae and list the differences between them.	Human Anatomy	

	Describe the anatomical features and attachments on	Human	
	cervical vertebrae	Anatomy	
			Cervical
HNSS-A- 017	Classify the joints of cervical vertebrae mentioning	Human	vertebrae
	their ligaments, movements with muscle producing	Anatomy	
	them and neurovascular supply.		
	List the prevertebral muscles of cervical region.		
HNSS-A- 018	Describe their attachments, actions and	Human	Prevertebral
010	innervation.	Anatomy	muscles
	Enumerate parts of deep cervical fascia with their		
HNSS-A- 019	respective extents, attachments, relations and	Human	Deep cervical
017	contents.	Anatomy	fascia
	Describe the facial spaces in head and neck		
HNSS-A- 020	mentioning their communications and their relation	Human	Facial spaces
020	to spread of infection.	Anatomy	
	Describe the attachments, actions and nerve		Infrahyoid and
HNSS-A- 021	supply of infrahyoid and suprahyoid muscles of	Human	suprahyoid
021	neck.	Anatomy	muscles
HNSS-A-	Describe the location, formation and distribution of	Human	
022	ansa cervicalis.	Anatomy	Ansa cervicalis.
HNSS-A-	Describe the attachments, actions and nerve	Human	Sternocleidoma
023	supply of sternocleidomastoid and trapezius.	Anatomy	- stoid and
			trapezius
HNSS-A-	Describe the boundaries and contents of		
024	suboccipital, anterior and posterior triangles of	Human	Triangles of
	neck.	Anatomy	neck

HNSS-A-	Describe the cervical part of trachea and	Human	Trachea and
025	esophagus with their neurovascular supply.	Anatomy	esophagus
	<b>D</b>		
HNSS-A-	Describe the location, anatomical features and		Thyroid,
026	vascular supply of thyroid and parathyroid glands.	Human	Parathyroid
	List the variations in location of parathyroid glands.	Anatomy	glands
HNSS-A-	Describe the carotid arteries mentioning their		
027	origin, course, branches, distribution and	Human	Carotid arteries
027	termination.	Anatomy	
	Describe carotid body and carotid sinus and give	Human	
HNSS-A- 28	their clinical significance.	Anatomy	Carotid body
	Give the venous drainage of Head and neck region.		
	Describe the formation, tributaries and area of	Human	Head & Neck
HNSS-A- 029	drainage of vessels constituting jugular venous	Anatomy	venous supply
	system.		, end us suppry
HNSS-A-	Name the superficial and deep cervical lymph	Human	
030	nodes and give their location and drainage areas	Anatomy	Lymphatics
HNSS-A-	Describe the location, formation, branches,	Human	
031	distribution and lesions of cervical plexus	Anatomy	Cervical plexus
	Name the parts of pharynx giving their extent,		
	anatomical features, structure and neurovascular	Human	
HNSS-A-	supply.	Anatomy	
032	Name the pharyngeal constrictor muscles defining		Pharynx
	their attachments, innervation and structure	Human	
	traversing the gaps between adjacent muscles.	Anatomy	

HNSS-A- 033	Name the parts of larynx giving their extent, anatomical features, musculoskeletal framework and neurovascular supply. Discuss the location, anatomical features, relations	Human Anatomy	Larynx
HNSS-A- 034	and vascular supply of tonsils: nasopharyngeal, palatine and lingual.	Human Anatomy	Tonsils
CODE	EMBRYOLOGY & POST-NATAL DEVELOPMENT	TOTAL I	HOURS = 15
	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	TOPIC
HNSS-A- 035	List the components of pharyngeal apparatus. Describe the development of pharyngeal arches, grooves, pouches and membrane and give derivatives and fate of each of them.	Embryology	Pharyngeal apparatus pharyngeal arches
HNSS-A- 036	Describe the development and histogenesis of auditory tube, tympanic cavity, tonsils, thymus and parathyroid	Embryology	Auditory tube, tympanic cavity, tonsils, thymus and parathyroid
HNSS-A- 037	Discuss the embryological basis of congenital anomalies related to the development of pharyngeal arches, pharyngeal clefts and pharyngeal pouches: cervical sinus/fistula/cyst, 1 <sup>st</sup> arch syndrome, DiGeorge syndrome, congenital malformations of thymus and parathyroid glands	Embryology	Congenital anomalies
HNSS-A- 038	Describe the development of tongue and thyroid gland.	Embryology	Tongue and Thyroid gland.

	Describe the development of lip and palate and		
HNSS-A-	Describe the development of lip and palate and their associated congenital malformations.	Embryology	Lips and palate
041	Explain the types and embryologic basis of cleft lip		
	and cleft palate.	Embryology	
	Describe the development of optical vesicle and retina	Embryology	
HNSS-A-	Describe the development of cornea, sclera, choroid, iris, ciliary body and lens and relate it to	Embryology	Eye & ear
HINSS-A- 042			
042	their respective congenital anomalies.		
042	Describe the development of internal ear and give the embryological basis of associated congenital	Embryology	
042	Describe the development of internal ear and give		IOURS = 08
042 CODE	Describe the development of internal ear and give the embryological basis of associated congenital anomalies.		IOURS = 08
	Describe the development of internal ear and give the embryological basis of associated congenital anomalies. MICROSCOPIC ANATOMY (HISTOLOGY & PATHOLOGY)		IOURS = 08 TOPIC
	Describe the development of internal ear and give the embryological basis of associated congenital anomalies. MICROSCOPIC ANATOMY (HISTOLOGY & PATHOLOGY)	TOTAL H	

	structure of lingual papillae and taste buds.		
HNSS-A- 044	Describe the histological structure of parotid, submandibular and sublingual glands.	Histology	Glands
	Compare and contrast the histological structures of parotid, submandibular and sublingual glands.	Histology	
HNSS-A- 045	Differentiate between serous and mucous acini. Describe the structure and location of serous demilunes. Describe the serous and mucous acini and give histological differences between the two.	Histology	Head & Neck
HNSS-A- 046	Describe the histological structure of thyroid gland and parathyroid gland.	Histology	Thyroid, Parathyroid glands
HNSS-A-	Describe the histological structure of layers of eyeball, eyelid and retina.	Histology	Eye
047	Describe the light and electron microscopic structure of cornea.	Histology	
HNSS-A- 048	Describe the histological and ultramicroscopic structure of internal ear with special reference to Organ of Corti.	Histology	Ear
	PRACTICAL		
	HISTOLOGY	TOTAL H	IOURS = 09
CODE	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ

HNSS-A- 049	Identify, draw and label diagrams to show histological structure of tongue, lingual papillae and taste buds.	Histology	tongue
HNSS-A- 050	Identify, draw and label a diagram to show histological structure of parotid, submandibular and sublingual glands.	Histology	Glands
HNSS-A- 051	Draw and label diagrams to show histological structure of serous demilunes, serous and mucous acini.	Histology	Head & Neck
HNSS-A- 052	Draw and label a diagram to show histological structure of thyroid and parathyroid gland.	Histology	Thyroid, Parathyroid
INICC A	Draw and label diagrams to show histological structure of eyelid and cornea.	Histology	
HNSS-A- 053	Draw and label a diagram to show histological structure of retina. List its histological layers and their respective components	Histology	Eye
HNSS-A- 054	Draw and label a diagram to show histological structure of internal ear.	Histology	Ear
	NORMAL FUNCTION THEORY	Y	
CODE	MEDICAL PHYSIOLOGY	TOTAL H	IOURS = 30
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPIC
	Define and describe the visual acuity	Physiology	

	Define Emmetropia	Physiology	
	Enlist the errors of refraction	Physiology	
HNSS-P- 001	Explain the cause, features, physiological basis,		Visual acquity
001	and correction of Hyperopia	Physiology	( isaar acquity
	Explain the cause, features, physiological basis,		
	and correction of myopia	Physiology	
	Explain the cause, features, physiological basis,		
	and correction of astigmatism	Physiology	
	Describe the pathophysiology and treatment of	Integrate with	
	cataract	Ophthalmology	
HNSS-P-	Interpret common treatment modalities for		Refractive
002	Refractive errors	Physiology	Errors
	Describe the mechanism of formation and outflow		
	of aqueous humor	Physiology	
	Describe normal value of intraocular pressure and		
HNSS-P-	its regulation	Physiology	Fluid systems
003			of the Eye
	Describe the method for measuring the intraocular	Integrate with	
	pressure	Ophthalmology	
	Describe the causes and features and		
	pathophysiology of glaucoma	Physiology	
HNSS-P-	Discuss the clinical features of Open Angle and		
004	Angle Closure Glaucoma	Physiology	Glaucoma
	Describe the physiological anatomy and function of		
HNSS-P-	structural elements of retina	Physiology	
005	Enlist different layers of retina	Physiology	Retina

	Explain the significance of melanin pigment in		
	retina	Physiology	
	Describe macula and foveal region of retina and		
	their significance	Physiology	
	Describe the structure of rods and cones	Physiology	
	Comment on the location of optic disc and its		
	significance	Physiology	
	Describe the cause, features, and treatment of		
	retinal detachment	Physiology	
	Enlist the current investigations for Retinal	Integrate with	
	Diseases	Ophthalmology	
	Describe the rhodopsin-retinal visual cycle	Physiology	
HNSS-P-	Describe the mechanism of excitation of rods/ rods		Photochemistry
006	receptor potential	Physiology	of vision
	Describe the causes and treatment of night		
	blindness	Physiology	
	Define and describe different mechanisms of light		
	adaptation	Physiology	
LINICC D	Define and describe different mechanisms of dark		
HNSS-P- 007	adaptation	Physiology	Adaptation
	Enumerate the diseases leading to Night Blindness	Integrate with	
	and retinal detachment	Ophthalmology	
HNSS-P-	Explain the tri color mechanism of color determination	Physiology	
008	Define term protanopes, deuteranopes, tritanopes	Physiology	Color vision

	Enlist the types of color blindness and their causes	Physiology	
		Integrate with	
	Enlist clinical features of Color vision deficiencies	Ophthalmology	
		Opitulalitiology	
	Trace the visual pathway		
HNSS-P-	Enlist and describe the abnormalities of visual		Viewal Dathyraya
009	pathway & visual field	<b></b>	Visual Pathways
	Explain the effect of removal of primary visual	Physiology	
	cortex		
	Define the physiological blind spot and describe its		
HNSS-P-	location	Physiology	
010	Define scotoma/ pathological blind spot and enlist		Field of vision
	causes	Physiology	
HNSS-P-	Illustrate the abnormalities of field of vision	Integrate with	Visual fields
011		Ophthalmology	
HNSS-P-	Describe the muscular and neural control of eye	Physiology	Eye movements
012	movements		
HNSS-P-	Define and enlist the types of Strabismus	Integrate with	Strabismus
013		Ophthalmology	
	Explain the mechanism of accommodation	Physiology	
	Enlist the components of near response in		
HNSS-P-	accommodation	Physiology	
014	Describe the neural pathway for accommodation		A
	reflex	Physiology	Accommodatio
	Describe the regulation of accommodation	Physiology	n
	Enlist the clinical features of Presbyopia	Integrate with	
		Ophthalmology	

	Trace the neural pathway for pupillary light reflex	Physiology	
HNSS-P-	Explain the pupillary light reflexes or reactions in CNS diseases	Physiology	Pupillary light reflex
015	Describe the cause and features of Horner syndrome	Physiology	Terror
	Illustrate the differential diagnosis of Anisocoria	Integrate with	
		Ophthalmology	
	Describe the physiological anatomy of outer and middle ear	Physiology	
HNSS-P-	Enlist the functions of middle ear	Physiology	
016	Discuss clinical features and treatment of impacted wax	Integrate Otorhinolaryng ology	Sense of hearing
	Define causes and clinical features of Otomycosis	Integrate Otorhinolaryng ology	
	Describe the mechanism of impedance matching and its significance	Physiology	
	Describe the mechanism of attenuation reflex and its significance	Physiology	
	Describe the physiological anatomy of inner ear	Physiology	
HNSS-P- 017	Describe the mechanism of transmission of sound waves in cochlea	Physiology	Inner Ear/ Cochlea
HNSS-P-	Describe the physiological anatomy and function of organ of Corti	Physiology	
018	Describe the mechanism of generation of endo- cochlear potential and its significance	Physiology	Organ of Corti

	Write down the normal range of frequency for hearing	Physiology	
HNSS-P- 019	Describe the role of place principle in determination of sound frequency	Physiology	Determination of
	Describe the role of volleys principle in determination of sound frequency	Physiology	sound frequency
	Trace the normal auditory nervous pathway	Physiology	
	Describe the types of deafness	Physiology	
HNSS-P- 020	Discuss the clinical features and investigations of Congenital and Acquired hearing loss	Integrate with Otorhinolaryng ology	Auditory pathway
	Enlist the primary taste sensations	Physiology	
HNSS-P- 021	Define and explain the term taste blindness	Physiology	
	Describe the physiological anatomy and location of taste buds	Physiology	Sense of Taste
HNSS-P- 022	Describe the mechanism of stimulation of taste buds/ receptor potential	Physiology	Excitation of Taste buds
	Trace the pathway of taste sensation	Physiology	
HNSS-P-	Define and explain the terms: Ageusia, Hypergeusia, Hypogeusia and dysgeusia	Physiology	Abnormalities of Taste sensations
023	Describe the senile changes in taste buds		
HNSS-P- 024	Explain the terms: Taste preference and taste aversion	Physiology	Taste preference and aversion
HNSS-P-	Enlist the primary sensations of smell	Physiology	
025	Describe the physiological anatomy and location of	Physiology	

	olfactory membrane		Sense of smell
HNSS-P- 026	Enlist the causes and clinical features of Rhinitis Differentiate between viral and allergic Rhinitis	Integrate with Otorhinolaryg ology Integrate with Otorhinolaryg ology	Rhinitis
CODE	MEDICAL BIOCHEMISTRY		L HOURS = 7
CODE	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPIC
HNSS-B- 001	Discuss the metabolism of mono and Disaccharides Interpret Hereditary fructose intolerance, fructosuria, galactosemia and lactose intolerance, in relevance to the clinical findings Explain the Polyol pathway and effect of hyperglycemia on sorbitol pathway Discuss the sources, metabolically active forms, biochemical role and clinical correlation of Vit-A with vision	Biochemistry Biochemistry Biochemistry Biochemistry	Metabolism of mono and disaccharides
HNSS-B- 002	Discuss biochemical basis and clinical aspects of Riboflavin	Biochemistry	Vitamins
HNSS-B- 003	Discuss the sources, absorption, regulation, biomedical functions and clinical aspect of Zn, Fl	Biochemistry	Еуе

PRACTI			
CODE	SPECIFIC LEARNING OBJECTIVES	TOTAL HOURS = 16+05=21	
		DISCIPLINE	ΤΟΡΙΟ
HNSS-P-	Examine the Second, Third, Fourth & Sixth Cranial		
027	Nerves		Cranial Nerves
HNSS-P-	Examination of Light Reflex		Light reflex
028			
HNSS-P-	Determine the Visual Acuity for Far and Near vision	Physiology	vision
029			
HNSS-P-	Perform Ophthalmoscopy	-	ophthalmoscopy
030			
HNSS-P-	Examine Field of Vision and interpretation of visual		
031	field plotted		Visual field
HNSS-P-	Examine Color Vision		Color vision
032			
HNSS-P-	Perform Tuning fork test and audiometry, interpret	Physiology	
033	the report		Ear
HNSS-B-	Perform estimation of uric acid level in blood		Uric acid level
004			in blood
HNSS-B-	Perform HbA1C by chromatographic method	-	HbA1C
005	a second a second a second a		
HNSS-B-	Detect abnormal constituents in urine by chemical	Biochemistry	Abnormal
006	methods		constituents in
			urine
	PATHOPHYSIOLOGY AND PHARMACOTH	ERAPEUTICS	· 

CODE	SPECIFIC LEARNING OBJECTIVES	TOTAL H	IOURS = 09
	Enlist the common causative agents of Eye,	Pathology	
HNSS-Pa-	EarInfection	(Microbiology)	Eye/Ear infections
001	Discuss the pathogenesis and clinical features of	Pathology	
	common pathogens	(Microbiology)	
HNSS-B-	Correlate proto-oncogene and oncogene concept		0
004	with relevance of tumors		Oncogenes
HNSS-B-	Discuss tumor markers and their significance		Tumor
005		-	markers
	Discuss the concept of xenobiotics		
HNSS-B- 006	Explain and interpret pedigree of multifactorial	Biochemistry	Genetics
000	mitochondrial disorder i.e. Libers hereditary optic		
	neuropathy		
	DISEASE PREVENTION AND IM	ГРАСТ	
		TOTAL I	HOURS = 07
CODE	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	TOPIC
HNSS-B-	Explain the role of antioxidants (selenium (Se), Vit-	Biochemistry	Anti-oxidants
007	E & C, Glutathione) in preventing oxidative stress		
HNSS-CM-	Identify factors leading to noise pollution	Community	Hearing loss
001		Medicine/	
		Otorhinolaryg	
		ology	
	Describe the common causes of blindness in	Community	
HNSS-CM-	community	Medicine	
002	Describe risk factors and preventive strategies for	Behavioral	Blindness
	blindness at community level		

HNSS-BhS- 001	At end of module the students will learn the psychosocial aspects of pain which will help in understanding the complex and multidimensional nature of pain.	Sciences	Pain
	AGING		
CODE	SPECIFIC LEARNING OBJECTIVES	TOTAL	HOURS = 03
		DISCIPLINE	TOPIC
HNSS-Ag-	Identify the role of oxidative radicals and the	Biochemistry	Lipid oxidation
001	process of lipid peroxidation that leads to aging		
HNSS-Ag-	Familiarize with the age-related hearing loss	Otorhinolaryn	Deafness
002		gology	
HNSS-Ag-	Discuss the age changes of mandible	Anatomy	Head & Neck
003		,	

## **LEARNING METHOLDOGIES**

Delivery of curriculum needs diversity of teaching strategies for better understanding. Thus, the following teaching methodologies may be used to facilitate students.

- large group interactive session
- Team based learning
- Problem based learning
- Tutorials
- Laboratory practical
- Demonstration
- Clinical case based conferences
- Skill Laboratories

#### Large group interactive session

Lecture format is the most widely used approach to teaching especially in a large class size with average attention span of 20-30 mins. Interactive lecturing involves a two-way interaction between the presenter and the participants. Interactive methods like brainstorming buzz group, simulation, role play and clinical cases can be used.

#### Significance of its usage:

- Relaxed environment, diverse opinions, active involvement
- Increased attention and motivation
- Independence and group skills
- Cost effective
- Suitable for taking advantage of available audiovisual technologies

#### **Team based learning (TBL)**

BL is a uniquely powerful form of small group learning. It provides a complete coherent framework for building a flipped course experience. There are four essential elements of TBL which includes;

- Teams must be properly formed and managed (5-7 students)
- Getting students ready
- Applying course concepts
- Making students accountable

#### Significance of its usage:

- Students are more engaged.
- Increased excitement in TBL classroom
- Teams outperforms best members
- Students perform better in final and standardized exams.

#### Problem based learning (PBL)

It is an instructional student-centered approach in which students work in small groups on a health problem, identifying their own educational needs and being responsible for the acquisition of the knowledge required to understand the scenario.

#### Significance of its usage:

- Teamwork
- Critical evaluation of literature
- Self-directed learning and use of resources
- Presentation skills
- Leadership
- Respect for colleagues' views

#### <u>Tutorials</u>

Tutorial is a class or short series of classes, in which one or more instructors provides intensive instruction on some subject to a small group. Its purpose is to explore students' point of view, allowing time for discussion, and inculcating self-directed, reflective learning skills.

#### Significance of its usage

• Develop and assess the extent of background knowledge of students, which enables

them to properly understand concepts which may not have been understood in lectures.

- Develop problem-solving skills.
- Develop practice of self-learning.
- Reduced time to understand the topic.

#### Laboratory Practical

Lab practical involve things like identifying a structure, a type of stain through a microscope, a problem with a preparation, reading biochemical test results and answering safety questions. These simulations allow students to attempt the experiments in the laboratory in a risk-free way that provides the opportunity to make mistakes and learn how to correct them using the immediate feedback generated.

#### Significance of its usage

- Enhance mastery of subject matter.
- Develop scientific reasoning.
- Develop practical skills.
- Develop teamwork abilities.

#### **Demonstrations**

The demonstration method in teaching can be defined as giving a demo or performing a specific activity or concept. It is a teaching-learning process carried out in a very systematic manner.

#### Significance of its usage

- Promotes learning and correlates theory with practice.
- Sharpens the observation skills.
- Sustain interests in learning environment.
- Helps teacher to evaluate students' response

#### **Clinical case based conferences**

Clinical Case based conferences allow clinicians and medical students to present difficult case

material and include discussions of diagnostic, clinical formulation, and/or treatment issues.

#### Significance of its usage

- Provides detailed (rich qualitative) information.
- Provides insight for further research.
- Permitting investigation of otherwise impractical (or unethical) situations.

#### **Skill Laboratories**

It refers to specifically equipped practice rooms functioning as training facilities offering hands on training for the practice of clinical skills within non-threatening environment prior to their real-life application. This applies to both basic clinical skills as well as complex surgical skills.

#### Significance of its usage

- Controlled, anxiety-free, and risk-free learning environment to students.
- A platform for repeated practice for mastery in relevant clinical skills
- Increase the preparedness of student learners before transitioning to the real hospital setting.
- Build strong communication skills
- Enable learners to make critical decisions.



# **Assessment policy**

#### **Statutes**

- 1. The second Professional MBBS Examination shall be held at the end of the second year.
- 2. Every candidate shall be required to study contents of Anatomy (including Histology), Physiology, Biochemistry, Behavioural Sciences, Community Medicine & Public Health, Pathology, Pharmacology & Therapeutics, Islamic Studies/ Civics and Pakistan Studies, Clinical skills and Professionalism, Ethics, Research and leadership. The teaching and assessment shall be done in three modular blocks.
- **3.** There will be four papers in the second professional examination:

#### Second Professional Exam:

- a. Paper 1 will be based on contents of Block 4;
- b. Paper 2 will be based on contents of Block 5;
- c. Paper 3 will be based on contents of Block 6;
- d. Paper 4 will be based on contents of Islamic studies/Civics and Pakistan studies
- **4.** Each paper will comprise of two components 'Written' and Oral/Practical/Clinical' examinations.
- **5.** The written and Oral/Practical/ Clinical' examination in each paper will carry 150 marks each, making the total marks of 300 for each of the papers 1, 2 and 3 (Inclusive of internal Assessment).
- 6. Total Marks for Second Professional Examinations shall be 900. MARKS OF Islamic studies/ Civics and Pakistan Studies shall not be counted towards total marks of any professional examination, and determination of position or merit of a candidate. However, the candidates shall have to take the examination in the subject in their Second Professional MBBS Examination. Those failing the subject in both annual & supplementary examinations, while passing all the other subjects of second Professional Examination shall be promoted to the 3<sup>rd</sup> year MBBS, however they will be allowed two more attempts to clear the subject with second professional Examination of the next session, failing which they shall be detained in the 3<sup>rd</sup>

Professional MBBS.

- 7. Major contents areas of the first two professional years shall be from:
  - a. Anatomy including applied/clinical Anatomy;
  - b. Physiology including applied/clinical physiology;
  - c. Biochemistry including applied/ clinical Biochemistry.
- **8.** The applied/ clinical content for the Anatomy. Physiology and Biochemistry shall be based on clinical correlations.
- 9. Integrated clinical content areas of the both years include Behavioral Sciences, Community Medicine & Public Heath, Pathology, Pharmacology & Therapeutics, Clinical Foundation – I & ii and PERLs I & II.

#### **10. Written Examination**

- The written document of papers 1, 2 and 3 will consist of Óne- best- type'
   Multiple Choice Questions (MCQ) and structured Essay Questions (SEQ)
   in a ratio of 70:30 %.
- ii. Each MCQ will have five options (one best response and four distractors) and will carry one (01) mark.
- iii. There will be no negative marking.
- iv. There will be no sections within a SEQ, and it will be structured question with five (05) marks each.
- v. SEQ's will only be based on major content areas of the year.
- vi. There will be total of 85 MCQs and 07 SEQs in every written paper in Papers 1, 2 and 3.
- vii. The duration of each written paper will be 180 minutes (03 hours).
- viii. The MCQ section will be of 110 minutes duration and the SEQ section of 70 minutes.

#### 11. Oral/ Practical/ Clinical Examination

a. The 'Oral/Practical/Clinical' component of each paper 1, 2 and 3 will consist of a total of twelve (12) OSPE/OSCE/OSVE stations in each

'Oral/Practical/Clinical' examination.

- b. There will be seven (07) observed OSPE (Objective Structured Practical Examination) stations from major subject areas. Each OSPE station will have the practical component and an evaluation of the underlying principle relevant to that practical with a component of applied knowledge.
- c. There will be two (02) observed OSCE (Objective Structured Clinical Examination) stations, based on C- FRC1 and PERLs-1 in each 'Oral/Practical/Clinical' examination.
- d. There will be three (03) Observed interactive OSVE (Objective Structured Viva Examination) from major subject areas. Each OSVE station will have a structured viva, to assess a practical component along with evaluation of the underlying principle relevant to that practical with a component of applied/practical knowledge and related clinical application.
- e. Each OSPE/OSCE station will carry eight (08) marks.
- f. Each OSVE station will carry eight (08) marks
- g. The duration of each 'Oral/Practical/Clinical' examination will be 120 minutes (2 hours).
- h. Time for each OSPE. OSCE and OSVE station will be eight (08) minutes.
- **12.** Every candidate shall take the examination in the following Blocks (Modules) in Second Professional MBBS Examinations:-
  - I. Block 4 (Gastrointestinal Tract & Nutrition-1 + Renal -1) 300
  - II. Block 5 (Endocrinology & Reproduction-1 + Head & Neck, special senses) Marks 300
  - III. Block 6 (cardiovascular -1 + respiratory-1) 300 Marks
  - IV. Islamic Studies/ Civics + Pakistan Studies 100 Marks

#### Block- 5 (Endocrinology & Reproduction-I + Head & Neck, Special Senses)

The examination of Block 5 shall be as follows:

- I. One written paper of 120 marks having two parts:
  - Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85 marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.
  - ii. Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the time allotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the written and 'Oral/Practical/Clinical' Examinations.

**13.** The marks distribution is given Table 1:

#### Table 1

Block -5	Part I MCQs (85)	85 Marks			Marks	
			Practical/	07 OSPE	56	
Modules	Part II SEQS (7)	35 Marks	Clinical	02 OSCE	16	300
(Endocrinology			Examination	03OSVE	48	300
&	Internal		Internal			
Reproduction-I	Assessment 10%	30 Marks	Assessment 10%	30 Marks		
+ Head & Neck,	Total	150	Total	150		
Special Senses)						

14. No grace marks shall be allowed in any examination or practical under any guise or name.

**15.** At least 25% MCQs & 25% SEQs shall be based on applied/clinical/case scenario to assess high order thinking in the papers set for the students of Second Professional MBBS Examinations.

## **RULES & REGULATIONS**

1. Professional examination shall be open to any student who:-

- a. Has been enrolled/registered and completed one academic year preceding the concerned professional examination in a constituent/affiliated College of the University.
- b. Has his/her name submitted to the Controller of Examinations, for the purpose of examination, by the Principal of the College in which he/she is enrolled & eligible as per all prerequisites of the examination.
- c. Has his/her marks of internal assessment in all the Blocks sent to the Controller of Examinations by the Principal of the College along with the admission form.
- d. Produces the following certificates duly verified by the Principal of his/her College:
  - i) Of good character
  - ii) Of having attended not less than 85% of the full course of lectures delivered and practical conducted in the particular academic session, in each block, as well as in the aggregate;
  - iii) Certificate of having appeared at the Block Examinations conducted by the college of enrolment with at least 50% cumulative percentage in aggregate of blocks 1, 2, and 3 for the first year and blocks 4,5 and 6 for the second year;
  - iv) Candidates falling short of attendance requirement shall not be admitted to the annual examination but may be permitted to appear at the supplementary examination if they make up the deficiency up to the commencement of the next examination by remaining on the rolls of a College as regular student, subject to fulfillment of all other mandatory requirements to appear at the examination.

**2.** The minimum number of marks required to pass the professional examination for each paper shall be fifty percent (50%) in Written and fifty percent (50%) in the 'Oral/Practical/Clinical' examinations and fifty percent (50%) in aggregate, independently and concomitantly, at one and the same time.

**3.** Candidates who secure eighty five percent (85%) or above marks in any of the papers shall be declared to have passed "with distinction" in that Block, subject to having atleast 80 % marks in the

Written component of that paper, concomitantly. However, no candidate shall be declared to have passed "with distinction" in any paper, who does not pass in all papers of the Professional Examination as a whole at one and the same time.

**4.** A candidate failing in one or more paper of annual examination shall be provisionally allowed to join the next professional class till the commencement of supplementary examinations. Under no circumstances, a candidate shall be promoted to the next professional class till he /she has passed all the papers in the preceding Professional MBBS Examination.

**5.** If a student appears in the supplementary examination for the first time as he/she did not appear in the annual examination because of any reason and fails in any paper in the Supplementary Examination, he/ she will be detained in the same class and will not be promoted to the next class.

**6.** Any student who fails to clear the First or Second Professional MBBS Examination in four consecutive attempts, inclusive of both availed as well as un-availed, after becoming eligible for the examination, and has been expelled on that account shall not be eligible for continuation of studies and shall not be eligible for admission as a fresh candidate in either MBBS or BDS. (Ref. UHS Circulars/137-20/2750 dated 23-11-2020).

**7.** The colleges may arrange remedial classes and one re-sit for each block examination, either with the subsequent block examination or before completion of the subsequent block, and before or during preparatory leave in case of the terminal block of the professional year, before issuance of the date sheet for the concerned examination, subject to the following conditions:

- i. At the completion of each block, the principals of the colleges shall submit a detailed report to the university, including cases of students with short attendance, poor performance/absence in the block examination along with the reasons and evidence for the same, proposed schedule for remedial classes and re-sit examination.
- ii. Competent Authority UHS will have the cause and the submitted evidence evaluated and documented, before permitting the colleges to arrange remedial classes and re-sit examination at

the concerned block. No college is allowed to conduct remedial classes or re-sit examination without prior approval of the competent authority.

- iii. The students can appear in re-sit of a block examination, along with the subsequent block, and before or during preparatory leave for the terminal block of the professional year, once the requirement of 'attendance' is met with. However, conduct of remedial classes shall be permitted only in the cases of students, who shall have attended at least 50% of total attendance of the concerned block in the first instance.
- iv. The valid reasons for short attendance in a block or absence from a block examination may include major illness/accident/surgery of the student or death of an immediate relative/being afflicted by a natural calamity or disaster.

**8.** The application for admission of each candidate for examination shall be submitted to Controller of Examination, through the Principal of the College, in a prescribed format, as per notified schedule, accompanied by the prescribed fee.

**9.** The marks of internal assessment and attendance shall be submitted to Controller of Examinations three times, within two weeks of completion of each block examination.

**10.** At the end of each block, the colleges are required to submit question papers and keys for the block examination, internal assessment marks and attendance record to the Department of Examinations UHS. Further, parent-teacher meetings shall be arranged by the colleges after every block examination to share feedback on the progress of students with their parents. Minutes of parent teacher meetings shall be submitted to the Department of Medical Education UHS.

**11.** It is emphasized that fresh internal assessment or a revision of assessment for supplementary examination shall not be permissible. However, a revised internal assessment for the detained students can be submitted. The internal assessment award in a particular year will not be decreased subsequently detrimental to the detainee candidate. A proper record of the continuous internal assessment shall be maintained by the concerned department/s in their colleges.

**12.** The candidates shall pay their fee through the Principal of their respective Colleges who shall forward a bank draft / pay order / crossed cheque I favor of Treasurer, University of Health Sciences Lahore, along with their Admission forms.

**13.** Only one annual and one supplementary of First and Second Professional MBBS Examinations shall be allowed in a particular academic session. In exceptional situations, I.e., national calamities, war or loss of solved answer books in case of accident, special examination may be arranged after having observed due process of law. This will require permission of relevant authorities, I.e., Syndicate and Board of Governors.

### **LEARNING SOURCES**

#### Anatomy

- Snell's Clinical Anatomy 10<sup>th</sup> ed.
- Langman's Medical Embryology 12<sup>th</sup> ed.
- Medical Histology by Laiq Hussain Siddiqui 8th ed.
- General Anatomy by Laiq Hussain Siddiqui 6th ed.

#### Physiology

- Guyton AC and Hall JE. Textbook of Medical Physiology. W. B. Sunders & Co., Philadelphia 14th Edition.
- Essentials of Medical Physiology by Mushtaq Ahmed

#### Biochemistry

- Harpers illustrated Biochemistry 32nd edition. Rodwell.V.W MCGrawHill publishers.
- Lippincott illustrated Review 8th edition Kluwer.W.
- Essentials of Medical Biochemistry vol 1&2 by Mushtaq Ahmed.

#### Pathology

- Vinary Kumar, Abul K. Abbas and Nelson Fausto Robbins and Cotran, Pathologic basis of disease. WB Saunders.
- Richard Mitchall, Vinary Kumar, Abul K. Abbas and Nelson Fausto Robbins and
- Cotran, Pocket Companion to Pathologic basis of diseases. Saunder Harcourt.
- Walter and Israel. General Pathology.
- Churchill Livingstone.

#### Medicine

• Davidson's Principles and Practice of Medicine

#### Pharmacology

- Basic and Clinical Pharmacology by Katzung, McGraw-Hill.
- Pharmacology by Champe and Harvey, Lippincott Williams & Wilkins



#### **Behavioral Sciences**

- Handbook of Behavioral Sciences by Prof. Mowadat H.Rana, 3rd Edition
- Medical and Psychosocial aspects of chronic illness and disability sixth edition, by Donna R.Falvo, PhD Beverely E.Holland, PhD, RN

#### **Community medicine**

- Parks Textbook of Preventive and Social Medicine. K. Park (Editor)
- Public Health and Community Medicine
- Ilyas, Ansari (Editors)

#### Surgery

• Bailey and Love's short practice of surgery

#### Islamiyat

- Standard Islamiyat (compulsory) for B.A, BSc, MA, MSc, MBBS by Prof M Sharif Islahi.
- IImi Islamiyat(compulsory) for BA, BSc & equivalent.