



LAHORE
MEDICAL & DENTAL
COLLEGE



MONTHLY
NEWSLETTER

LMDC
PULSE
SEPTEMBER 2026

Highlights of the Month

LMDC MUN 2026

Three days of diplomacy, dialogue, and unforgettable moments at LMDC MUN 2026.

From thought-provoking debates and dynamic committee sessions to an electrifying concert that brought everyone together on Day 2, the Signature Edition was a celebration of leadership, expression, and student spirit.

LMDC MUN 2026, where voices found their place, ideas took the floor, and memories were made beyond the conference room.







Team LMDC Congratulates Maj. Gen. (R) Sohail Sabir on His Appointment as Vice Chancellor, University of Health Sciences (UHS)

The leadership of Lahore Medical & Dental College (LMDC), including Principal Maj. Gen. (R) Prof. Dr. Naeem Naqi, Pro-Vice Chancellor UBAS Prof. Dr. Naeem Mubarak, Principal Dental Prof. Dr. Aqib Sohail, Vice Principal LMDC Brig. (R) Dr. Muhammad Arif Mahmood, and Chief Administrative Officer Mr. Asad Ahmad Khan, extends its warmest congratulations to the newly appointed Vice Chancellor of the University of Health Sciences (UHS).

The LMDC leadership conveys its best wishes for a successful and impactful tenure, marked by academic excellence, innovation, and continued advancement in medical education.



Anaesthetic Management of ERCP in the Non-Operating Room Environment

The Department of Anaesthesia successfully conducted its monthly Clinico-Pathological Conference (CPC) on 25th September 2026, featuring an insightful presentation on "Anaesthetic Management of ERCP in the Non-Operating Room Environment."

The session provided an engaging platform for clinical discussion, knowledge sharing, and strengthening evidence-based anaesthetic practice.



Overloaded to AI-Augmented: A Hands-On Productivity Lab for Medical Faculty

A workshop titled "Overloaded to AI-Augmented: A Hands-On Productivity Lab for Medical Faculty" was conducted by the Department of Medical Education under the Faculty Development Program, facilitated by Dr. Noor-i-Kiran Haris, HOD Medical Education, Abwa Medical College, Faisalabad.

The session introduced key concepts of AI, LLMs, and the NKH Approach, emphasizing ethical and responsible use in medical education. She aimed to build awareness of prompt and context engineering and AI literacy.

Participants practiced creating prompts, lesson plans, MCQs, OSCE stations, and rubrics using AI tools. The workshop highlighted that AI assists teaching but doesn't replace human judgment.



Endodontic Microscope Workflows & Micro-Guided Instrument Retrieval

Advancing Precision in Endodontics

Led by Prof. Dr. Arshad Hassan and Prof. Dr. Saima Razzaq Khan, the session offered participants valuable insights into microscopic endodontics, precision-based clinical workflows, and advanced instrument retrieval techniques.

An impactful learning experience designed to enhance clinical precision, strengthen expertise, and empower dental professionals to elevate their endodontic practice.



2nd Year MBBS UHS Mandatory Clinical Workshop (BLS/CFR)

Equipping future doctors with lifesaving skills!

In line with the Modular Integrated Curriculum introduced by the University of Health Sciences, the Department of Medicine in collaboration with the Department of Medical Education, conducted a Cardiac First Response (CFR) / Basic Life Support (BLS) Workshop for the 2nd Year MBBS students.

The workshop, a mandatory requirement for the Professional Annual Examinations, equipped students with essential emergency response and lifesaving techniques.



QA Meeting

The Quality Assurance Committee held a productive meeting to review academic and institutional performance through the CIPP Evaluation Model, focusing on key areas of improvement, accountability, and academic excellence.

The session reaffirmed our commitment to continuous quality enhancement and strengthening standards in medical education.



Workshop on "Suturing Skills"

Precision in every stitch. Confidence in every skill.

The Workshop on Suturing Skills provided students with hands-on learning and practical exposure to essential surgical techniques, helping bridge the gap between classroom knowledge and clinical practice.

A step closer to mastering the skills that make a difference in patient care.



HMIS Vendor Evaluation at LMDC

The HMIS Vendor Evaluation process commenced at Lahore Medical & Dental College (LMDC), bringing together multiple technology vendors to demonstrate their healthcare management solutions and digital capabilities.

The session brought together the evaluation committee, departmental representatives from LMDC, Tower Tech staff, and the Vice Principal of LMDC, who actively participated in reviewing and assessing the systems presented by different vendors.

The initiative reflects LMDC's commitment to digital transformation, technology-driven solutions, streamlined administrative processes, and enhanced healthcare management.

A step forward towards building a more connected, efficient, and digitally empowered healthcare environment at LMDC.



Community-based Management of Acute Malnutrition

Lahore Medical & Dental College conducted an academic activity on Community-based Management of Acute Malnutrition (CMAM) for 4th Year MBBS students on 11 September 2026, organized by the Department of Community Medicine under the guidance of Prof. Seema Daud, Head of Department.

The session featured an orientation by Prof. Nighat Nadeem, an academic presentation by Dr. Umbreen Navied, and an educational video highlighting community-based management of SAM and MAM, including identification, treatment, follow-up, referral, and monitoring.

The session concluded with an interactive quiz conducted by Dr. Saadia Maqbool, encouraging active participation and reinforcing key learning outcomes.

An engaging academic experience combining learning, audiovisual education, and assessment for future healthcare professionals.



LMDC x SYNCH Pakistan MoU

We are pleased to announce the official signing of a Memorandum of Understanding between SYNCH Pakistan and LMDC.

With this collaboration, SYNCH LMDC is now officially recognized as a student organization at LMDC.

This partnership has been established under the patronage of Dr. Fauzia Sadiq, and will be led by President Areesha Amna Haider along with Vice Presidents Ahmad Qureshi and Misbah Maqsood.

This partnership aims to strengthen student-led healthcare initiatives, community service programs, mental health awareness and research activities within the institution. We look forward to working together for the betterment of physical and mental health of our community.



PERL Interactive Session

The PERL Interactive Session at Lahore Medical & Dental College provided an engaging platform for students and faculty to exchange ideas, explore new perspectives, and strengthen their academic and professional learning.

An interactive step toward fostering meaningful dialogue, continuous learning, and academic excellence at LMDC.



CNN Academy Orientation Session

Lahore Medical & Dental College hosted an engaging Orientation Session for CNN Academy, introducing students to an exciting learning journey focused on developing skills, expanding perspectives, and exploring new opportunities.

The session provided students with valuable insights into the academy, its learning framework, and the opportunities available to enhance their academic and professional growth.

LMDC, Empowering Students to Learn, Lead & Excel.



LMDC Literary Society has started an innovative initiative with the introduction of a Book Club

The second session of the book club was successfully held on Monday, 28th September from 3:00 PM to 4:00 PM. The first session was held in June, for which the selected book was *The Alchemist*, and for the second session, the selected book was *The Kite Runner*.

The purpose of introducing a book club based on quality literary works in a medical college is to provide a healthy intellectual outlet for medical students. MBBS and BDS students undergo a very tough syllabus and often experience burnout. This club provides them an opportunity to learn to cope with life stresses, including academic and personal stress. By reading good literature, students not only develop a healthy reading habit instead of indulging in unhealthy recreational activities, but also gain valuable life lessons and motivation. These lessons help them to better incorporate resilience and positivity in handling their syllabus-related pressures and life challenges.

The second session was highly successful. Both MBBS and BDS students participated, healthy discussions were held, and all the students were very happy. The Literary Society intends to continue this practice in the future.



Empowering Young Minds: LMDC Dengue Awareness Campaign

The Health Awareness Society, LMDC successfully conducted its Dengue Awareness Campaign with the aim of promoting awareness, prevention, and community responsibility among school-going children under the esteemed patronage of Maj. Gen. (R) Prof. Dr. Naeem Naqi, Principal LMDC; Brig. (R) Dr. Muhammad Arif Mahmood, VP LMDC; and Dr. Fauzia Sadiq, Principal Paramedical Institute LMDC, with the guidance and support of our Faculty In-Charges, Dr. Humayun Mirza and Dr. Khurram Nadeem.

Led by Hania Batool, President – Health Awareness Society, and Muzzamil Jawad Khan, Vice President – Health Awareness Society, the initiative reached three schools in the vicinity of LMDC, each representing a different socioeconomic background. This was deliberately planned to broaden the reach of the campaign and ensure that dengue awareness was shared with children from diverse communities.

A team of 45 dedicated medical, dental and paramedical volunteers interacted directly with the students, educating them about dengue, its transmission, prevention, and the importance of eliminating mosquito-breeding sites. Rather than relying solely on conventional lectures, the sessions were designed as an active and interactive learning experience, incorporating educational games, engaging activities, discussions, and student participation to make important health messages both memorable and enjoyable. This visit also served as a career counselling session for students by the faculty of paramedical institute LMDC led by Dr. Zara Ibrar and Dr. Saba.

Through education, interaction, and community engagement, the campaign aimed to empower young students with the knowledge needed to play an active role in dengue prevention.



Common Core Seminar on "Management of TMJ Disorders"

Advancing Clinical Knowledge Through Continuous Learning

Lahore Medical & Dental College (LMDC) successfully conducted a Common Core Seminar on "Management of TMJ Disorders," providing an insightful platform to explore contemporary approaches to the diagnosis, management, and clinical care of Temporomandibular Joint disorders.

The session reinforced the importance of evidence-based practices and interdisciplinary learning in enhancing clinical knowledge and patient care.



Group Discussion Activity

Learning Through Dialogue. Growing Through Collaboration.

An engaging Group Discussion Activity provided students with an interactive platform to exchange ideas, share perspectives, and develop their communication, critical thinking, and collaborative skills.

Through meaningful discussions and active participation, students transformed ideas into insights and learning into action.



Curriculum Committee Meeting

As part of LMDC's commitment to quality assurance and curricular excellence, the Curriculum Committee met to discuss strategic academic initiatives aimed at aligning LMDC's educational framework with the UHS Modular Integrated Curriculum 2026, including mission and vision alignment, curricular outcomes, instructional modalities, and OSCE integration.

The meaningful discussions and collaborative input contributed to a more coherent, student-centered, and competency-driven learning experience.



PAL Sessions for MBBS-I

Learning Together. Growing Together.

PAL Sessions for MBBS-I provided students with an engaging, collaborative learning environment, encouraging peer interaction, knowledge sharing, and active participation to strengthen their academic understanding and learning experience.





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